

## **GENERAL SANITARY REGULATIONS**

### **Do not enter the building if:**

- You have symptoms of a contagious disease.
- You are subject to a quarantine or an isolation order.
- You share an apartment with a person who is subject to a quarantine or an isolation order.
- You are awaiting the result of a SARS-Cov-2 test.
- Your body temperature exceeds 37,5°C.
- Your entrance is for a purpose other than studies, research or related administrative

### **While in the building:**

- Cover your mouth and nose for the entire stay.
- Keep a distance of minimum 1,5m from others.
- Disinfect your hands each time you enter the building or classrooms.
- Only attend classes you are registered to.
- Do not use the elevator, unless you have to for disability reasons.
- Do not touch other people's belongings (e.g. other people's pens or books).
- Limit your presence in the building to the necessary minimum. Stay on the floor where your classes or meeting are held.
- Obey the posted instructions and any other possible instructions from the employees.

### **Procedure for the case of infection or suspected infection with SARS-Cov-2:**

- If you have a confirmed infection with SARS-Cov-2 and within the week preceding the diagnosis you visited the Institute:
  - do not come to the institute for the duration of your isolation order
  - send an email, as soon as possible, with pertinent information to: [dziekanat.wmi@uwr.edu.pl](mailto:dziekanat.wmi@uwr.edu.pl) and: [covid19@uwr.edu.pl](mailto:covid19@uwr.edu.pl)

In the email include your telephone contact information, and any other information that might facilitate your contact tracing.

- If, while in the Institute's building, you notice symptoms suggesting SARS-Cov-2 infection, either in yourself or in someone else:
  - inform the nearest employee, or call directly the building's administrator, Mr. Marek Krzus at tel. **698 368 625**
  - direct the person exhibiting the symptoms to the designated isolation room on level 700 (room 710, small seminar room, labeled „Izolotka”)