

NORMAL SUBGROUPS OF SIMPHATIC GROUPS

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ABSTRACT. A group is *SimpHatic* if it acts geometrically on a simply connected simplicially hereditarily aspherical (*SimpHatic*) complex. We show that finitely presented normal subgroups of the *SimpHatic* groups are either:

- finite, or
- of finite index, or
- virtually free.

This result applies, in particular, to normal subgroups of systolic groups. We prove similar strong restrictions on group extensions for other classes of asymptotically aspherical groups. The proof relies on studying homotopy types at infinity of groups in question.

In Appendix we present the topological 2-dimensional quasi-Helly property of systolic complexes.

1. INTRODUCTION

Systolic complexes were introduced for the first time by Chepoi [Che00] under the name *bridged complexes*. They were defined there as flag simplicial completions of *bridged graphs* [SC83, FJ87] – the latter appear naturally in many contexts related to metric properties of graphs and, in particular, convexity. Systolic complexes were rediscovered by Januszkiewicz-Świątkowski [JŚ06] and Haglund [Hag03], independently, in the context of geometric group theory. Namely, *systolic groups*, that is, groups acting geometrically on systolic complexes have been used to construct important new examples of highly dimensional Gromov hyperbolic groups – see e.g. [JŚ03, JŚ06, Osa13a, OŚ15].

Despite the fact that systolic groups and complexes can have arbitrarily high dimension¹, in many aspects they behave like two-dimensional objects. This phenomenon was studied thoroughly in [JŚ07, Osa07, Osa08, Świ09, OŚ15] (see also Appendix), and the intuitive picture is that systolic complexes and groups “asymptotically do not contain essential spheres”.

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¹Here, we refer to various notions of *dimension*: the (virtual) cohomological one, the asymptotic one, the geometric one...

Such behavior is typical for objects of dimension at most two, but systolic complexes and groups, and related classes (see e.g. [CO15, Osa13b, OŚ15]) are the first highly dimensional counterparts. This implies, in particular, that systolic groups are very distinct from many classical groups, e.g. from uniform lattices in \mathbb{H}^n , for $n \geq 3$ – see [JŚ07, Osa07, Osa08, OŚ15, GO14].

In the current article we present an algebraic counterpart of the asymptotic asphericity phenomenon mentioned above. Recall that a theorem of Bieri [Bie76, Theorem B] says that a finitely presented normal subgroup of a group of cohomological dimension at most two is either free or of finite index. Surprisingly, such strong restrictions on normal subgroups can hold also in the case of objects of arbitrarily high dimension, as the two following main results show. A group is *SimpHAtic*² if it acts geometrically on a simply connected simplicially hereditarily aspherical (SimpHAtic) complex (see Subsection 2.6 for the precise definition).

Theorem 1. *A finitely presented normal subgroup of a SimpHAtic group is either of finite index or virtually free.*

The following corollary is an immediate application of Theorem 1 to specific classes of SimpHAtic groups.

Corollary 1. *Finitely presented normal subgroups of groups acting geometrically on either:*

- (a) *systolic complexes, or*
- (b) *weakly systolic complexes with SD_2^* links, or*
- (c) *simply connected nonpositively curved 2-complexes, or*
- (d) *simply connected graphical small cancellation complexes*

are of finite index or virtually free.

To the best of our knowledge, even in the case of small cancellation groups the result is new.³ However, the main point is that it holds also for higher dimensional groups. The case (a) establishes a conjecture by Dani Wise [Wis03, Conjecture 11.8] (originally concerning only torsion-free groups) and answers some questions from [JŚ07, Question 8.9(2)]. The case (b) deals with a subclass of weakly systolic groups studied in [Osa13b, CO15, OŚ15], containing systolic groups and exhibiting the same asphericity phenomena. In particular, the corollary extends some results from [JŚ07, Osa07, Osa13b, OŚ15]. For other classes of SimpHAtic groups to which Theorem 1 applies see e.g. [OŚ15, Examples 4.4].

Theorem 1 is a consequence of the following more general result. (π_n^∞ denotes the n -th homotopy pro-group at infinity – see Subsection 2.3.)

²This term is meant rather to be associated with the words: *sympatyczny* (Polish), *sympathisch* (German), and *sympathique* (French).

³Note that not all small cancellation groups fulfill the assumptions of Bieri’s theorem [Bie76], and that (d) in Corollary 1 goes beyond the case of (graphical) small cancellation groups as understood usually.

Theorem 2. *Let $K \twoheadrightarrow G \twoheadrightarrow Q$ be an exact sequence of infinite groups. Assume that G and K have type F_∞ , $\pi_1^\infty(G) \neq 0$, and that either:*

- (1) *K is not virtually free and acts geometrically on a finite-dimensional contractible complex, or*
- (2) *Q is not virtually free and acts geometrically on a finite-dimensional contractible complex.*

Then $\pi_n^\infty(G) \neq 0$, for some $n \geq 2$.

This theorem, although quite technical in nature, is of its own interest and allows to conclude many other results around normal subgroups of groups with some asphericity properties. We present below only three consequences of Theorem 2. (The notion of asymptotic hereditary asphericity is discussed in Subsection 2.5.)

Corollary 2. *Let K be a finitely presented normal subgroup of an asymptotically hereditarily aspherical (AHA) group G of finite virtual cohomological dimension. Then K is either of finite index or virtually free.*

Theorem 2 implies also similar restrictions on quotients.

Corollary 3. *Let $K \twoheadrightarrow G \twoheadrightarrow Q$ be an exact sequence of infinite groups with finitely presented kernel K . Assume that G is a hyperbolic AHA group of finite virtual cohomological dimension. Then K is virtually non-abelian free, and Q is virtually free.*

Questions concerning AHA group extensions appear e.g. in [JŚ07, Question 8.9(2)] and some partial results are presented in [JŚ07, OŚ15]. Note that all the new examples of highly dimensional hyperbolic AHA groups constructed in [JŚ03, JŚ06, Osa13a, OŚ15] are of finite virtual cohomological dimension as in Corollary 3. It is not known in general whether hyperbolic systolic groups have finite virtual cohomological dimension. Nevertheless, the following result applies to all of them, and beyond.

Corollary 4. *Let $K \twoheadrightarrow G \twoheadrightarrow Q$ be an exact sequence of infinite groups with finitely presented kernel K . Assume that G is a SimpHAtic hyperbolic group. Then K is virtually non-abelian free, and Q is virtually free.*

Ideas of the proofs. The proof of Theorem 2 relies on the analysis of the homotopy type at infinity (proper homotopy type) of the group G . Since K, Q are infinite, G has one end, and furthermore K, Q are not one-ended, by $\pi_1^\infty(G) \neq 0$ (see Section 3). Therefore, by theorems of Stallings and of Dunwoody the homotopy type at infinity of K, Q is the type of a disjoint union of some points and some homotopically nontrivial pieces (see Subsections 3.1 & 3.2). Furthermore, the homotopy type at infinity of G is the join of the types of K and Q (see Subsections 3.3 & 3.4). However, such join contains a nontrivial n -sphere appearing in suspensions of some factors coming from K , for some $n \geq 2$. This happens because $K \times \mathbb{Z}$ acts geometrically on a finite-dimensional contractible complex, and thus $\pi_n^\infty(K_1 \times \mathbb{Z}) \neq 0$, for a one-ended factor K_1 of K , and some $n \geq 2$. Therefore, $\pi_n^\infty(G) \neq 0$.

For Theorem 1, one observes that $\pi_n^\infty(G) = 0$, for all $n \geq 2$, and that finitely presented subgroups of Simplicial groups are again Simplicial.

Article's structure. In the next Section 2 we present some preliminary notions and results concerning e.g.: weakly systolic complexes and groups (Subsection 2.2), proper homotopy type (Subsection 2.3), asymptotic hereditary asphericity (Subsection 2.5), and Simplicial groups (Subsection 2.6). In Section 3 we prove the main Theorem 2. In Section 4 we present the proofs of Theorem 1 and Corollary 1. In Section 5 we prove Corollaries 2, 3 & 4.

In Appendix we present the topological 2-dimensional quasi-Helly property of systolic complexes – Theorem A. This is yet another appearance of an asymptotic asphericity in the systolic framework.

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2. PRELIMINARIES

2.1. Complexes and groups. Throughout this article we work usually (if not stated otherwise) with regular CW complexes, called further simply *complexes* (see e.g. [Geo08] for some notation). Accordingly, all *maps* are cellular maps. We call a complex *G-complex* if a group G acts on it by cellular automorphisms. The action is *proper*, or the complex is a *proper G-complex* if stabilizers of cells are finite. An n -skeleton of a complex X is denoted by $X^{(n)}$. A G -complex X has the n -skeleton *finite mod G* if the quotient $X^{(n)}/G$ is a finite complex. Recall that a group has *type F_n* if there is a *free* (that is, with trivial stabilizers of cells) contractible G -complex with the n -skeleton finite mod G . A group G acts *geometrically* on X , if X is a finite-dimensional proper contractible G -complex with every skeleton finite mod G . In particular, X is then uniformly locally finite. We usually work with the path metric on $X^{(0)}$ defined by lengths of paths in $X^{(1)}$ connecting two given vertices. It follows that if a finitely generated G acts geometrically on X , then $X^{(0)}$ is quasi-isometric to G equipped with a word metric coming from a finite generating set. For a subcomplex Y of a complex X , by $X - Y$ we denote the smallest subcomplex of X containing $X \setminus Y$ (set-theoretic difference).

2.2. Weakly systolic complexes and groups. In this subsection we restrict our studies to simplicial complexes. We follow mostly notation from e.g. [JS06, Osa07, Osa08, Osa13b, Osa13a]. A simplicial complex X is *flag* if it is determined by its 1-skeleton $X^{(1)}$, that is, if every set of vertices pairwise connected by edges spans a simplex in X . A subcomplex Y of a simplicial complex X is *full* if it is determined by its vertices, that is, if any set of vertices in Y contained in a simplex of X , span a simplex in Y . The

link of a simplex σ of X is the simplicial complex being the union of all simplices τ of X disjoint from σ , but spanning together with σ a simplex of X . A k -cycle is a triangulation of the circle S^1 consisting of k edges and k vertices. For $k \geq 5$, a flag simplicial complex X is k -large (respectively, *locally k -large*) if there are no full i -cycles (as subcomplexes) in X (respectively, in any link of X), for $i < k$. A complex X is k -systolic (respectively, *systolic*) if it is simply connected and locally k -large (respectively, locally 6-large) – see [JŠ06]. A k -wheel is a graph consisting of a k -cycle and a vertex adjacent to all vertices of the cycle. A k -wheel with a pendant triangle is a graph consisting of a k -wheel and a vertex adjacent to two vertices of the k -cycle. A complex X satisfies the SD_2^* property if it is locally 5-large and every 5-wheel with a pendant triangle is contained in a 1-ball around some vertex of X . A flag simplicial complex is *weakly systolic* if it is simply connected and satisfies the SD_2^* property – see [Osa13b, CO15]. A weakly systolic complex in which all links satisfy the SD_2^* property is called a *weakly systolic complex with SD_2^* links*. A group is *systolic* (respectively, k -systolic, *weakly systolic*) if it acts geometrically on a systolic (respectively, k -systolic, weakly systolic) complex.

2.3. Proper homotopy type. The basics about proper homotopy theory can be found in [Geo08]. Recall that a cellular map $f: X \rightarrow Y$ between complexes is *proper* if $f^{-1}(C) \cap X^{(n)}$ is a finite subcomplex for any finite subcomplex $C \subset Y$ and any n (see e.g. [Geo08, Chapter 10], where the name *CW-proper* is used). Two maps $f, f': X \rightarrow Y$ are *properly homotopic*, denoted $f \simeq_p f'$, if there exists a proper map $F: X \times [0, 1] \rightarrow Y$ with $F(x, 0) = f(x)$ and $F(x, 1) = f'(x)$, for all $x \in X$. A proper map $f: X \rightarrow Y$ is a *proper homotopy equivalence* (respectively, *proper n -equivalence*) if there exists a *proper homotopy inverse* (respectively, *proper n -inverse*) $f^{-1}: Y \rightarrow X$ with $f^{-1} \circ f \simeq_p \text{id}_X$, and $f \circ f^{-1} \simeq_p \text{id}_Y$ (respectively, $f^{-1} \circ f|_{X^{(n)}} \simeq_p \text{id}_{X^{(n)}}$, and $f \circ f^{-1}|_{Y^{(n)}} \simeq_p \text{id}_{Y^{(n)}}$). In such case we say that X and Y have the same *proper homotopy type* (respectively, *proper n -type*).

For $n \geq 0$, we say that the n -homotopy pro-group at infinity vanishes for X , denoted $\pi_n^\infty(X) = 0$, if the following holds. For every finite subcomplex $M \subset X$ there exists a subcomplex M' containing M such that: For any map $f: S^n \rightarrow X - M'$ of the n -sphere S^n , there exists its extension $F: B^{n+1} \rightarrow X - M$. If $\pi_n^\infty(X) = 0$ does not hold, then we write $\pi_n^\infty(X) \neq 0$. The condition $\pi_0^\infty(X) = 0$ means that X is *one-ended*, and $\pi_0^\infty(X) = \pi_1^\infty(X) = 0$ means *simple connectedness at infinity*. The next proposition shows that for a group acting in a nice way on a complex, vanishing of homotopy pro-groups at infinity does not depend on the complex. It is a version of [Osa07, Proposition 2.10] whose proof is analogous to the one in [Osa07]. (We may omit the requirement of ‘rigidity’ here, since an action induced on the subdivision of a regular CW complex is rigid.) Compare also [Geo08, Theorems 17.2.3 & 17.2.4] and [OŠ15, Theorem 7.2], and proofs there.

Proposition 3. *Let X, Y be two n -connected proper G -complexes with $(n+1)$ -skeleta finite mod G . Then $\pi_n^\infty(X) = 0$ iff $\pi_n^\infty(Y) = 0$.*

Therefore, we say that $\pi_n^\infty(G) = 0$ (respectively, $\pi_n^\infty(G) \neq 0$) if $\pi_n^\infty(X) = 0$ (respectively, $\pi_n^\infty(X) \neq 0$), for some (and hence, any) G -complex as in Proposition 3.

Similarly (cf. e.g. [OŚ15, Theorem 7.2]), vanishing of the homotopy progroups at infinity is an invariant of the coarse equivalence, and hence of quasi-isometry. However, directly from the definition above it follows that this is also an invariant of the proper homotopy type. More precisely, if there is a proper $(n+1)$ -equivalence $f: X \rightarrow Y$, then $\pi_n^\infty(X) = 0$ iff $\pi_n^\infty(Y) = 0$ – cf. [Geo08, Chapter 17]. This invariance is crucial in our approach – see Subsection 3.2.

2.4. Group homology. In this subsection we present a strengthening of [Osa07, Proposition 2.9] concerning the cohomology of groups. The standard reference for the group homology is the book [Bro94] (see also [Geo08, Hat02]).

Proposition 4. *Let G be a group acting cocompactly and with finite stabilizers on a contractible finite-dimensional complex X . If G is not virtually free then there exists $2 \leq n \leq \dim(X)$ such that $H^n(G; \mathbb{Z}G) \neq 0$.*

Proof. As in the proof of [Osa07, Proposition 2.8] it follows that there exists a free $\mathbb{Z}G$ -module \tilde{F} with $H^n(G; \tilde{F}) \neq 0$ or $H^{n+1}(G; \tilde{F}) \neq 0$, where $n := \text{cd}_{\mathbb{Q}}G \leq \dim(X)$. As in the proof of [Osa07, Proposition 2.9] it follows then that $H^n(G; \mathbb{Z}G) \neq 0$. Since G is not virtually free, by [Dun79, Corollary 1.2] we obtain that $n = \text{cd}_{\mathbb{Q}}G \geq 2$. \square

2.5. Asymptotic hereditary asphericity (AHA). The notion of asymptotic hereditary asphericity (AHA) was introduced in [JŚ07]. We follow here mostly notations from [OŚ15]. Given an integer $i \geq 0$, for subsets $C \subseteq D$ of a metric space (X, d) we say that C is $(n; r, R)$ -aspherical in D if every simplicial map $f: S \rightarrow P_r(C)$ (where P_r denotes the Rips complex with constant r), where S is a triangulation of the n -sphere S^n , has a simplicial extension $F: B \rightarrow P_R(D)$, for some triangulation B of the $(n+1)$ -ball B^{n+1} such that $\partial B = S$. A metric space X is *asymptotically hereditarily aspherical*, shortly *AHA*, if for every $r > 0$ there exists $R > 0$ such that every subset $A \subseteq X$ is $(n; r, R)$ -aspherical in itself, for every $n \geq 2$. A finitely generated group is AHA if it is AHA as a metric space for some (and hence any) word metric coming from a finite generating set. A subgroup of an AHA group is AHA [JŚ07, Corollary 3.4]. A finitely presented AHA group G has type F_∞ [OŚ15, Theorem C], and $\pi_n^\infty(G) = 0$ for all $n \geq 2$ [OŚ15, Theorem D]. If moreover, the virtual cohomological dimension of G is finite, or if G acts geometrically on a contractible complex of finite dimension, then $\pi_1^\infty(G) \neq 0$ [OŚ15, Theorem 7.6].

For examples of AHA groups see the next subsection.

2.6. SimpHAtic groups. In this subsection we introduce the notions of SimpHAtic complexes and SimpHAtic groups.

Definition 1. A flag simplicial complex is *simplicially hereditarily aspherical*, shortly *SimpHAtic*, if every full subcomplex is aspherical.

A group acting geometrically on a simply connected SimpHAtic complex is called *SimpHAtic*.

Let us note few simple facts about SimpHAtic groups:

- (1) A simply connected SimpHAtic complex is contractible, by Whitehead’s theorem (see e.g. [Hat02, Theorem 4.5] or [Geo08, Proposition 4.1.4]).
- (2) SimpHAtic complexes and groups are AHA, by [OŚ15, Corollary 3.2]. It follows, that for a one-ended SimpHAtic group G , $\pi_1^\infty(G) \neq 0$ [OŚ15, Theorem 7.6], and $\pi_n^\infty(G) = 0$ [OŚ15, Corollary 7.5], for $n \geq 2$.
- (3) Weakly systolic complexes with SD_2^* links are SimpHAtic by [Osa13b, Proposition 8.2]. In particular, systolic complexes are SimpHAtic, and systolic groups are SimpHAtic (see [JŚ06]).
- (4) There are SimpHAtic groups that are not weakly systolic – e.g. some Baumslag-Solitar groups. For other examples of SimpHAtic groups see e.g. [OŚ15].
- (5) Full subcomplexes and covers of SimpHAtic complexes are again SimpHAtic. Therefore, by a theorem of Hanlon-Martínez-Pedroza [HMP14, Theorem 1.1], finitely presented subgroups of SimpHAtic groups are again SimpHAtic.

We cannot resist to formulate here the famous Whitehead’s asphericity question in the following way:

Whitehead’s Problem. *Are all aspherical 2-complexes SimpHAtic?*

3. PROOF OF THEOREM 2

In this section we present the proof of Theorem 2 from the Introduction. Recall that $K \twoheadrightarrow G \twoheadrightarrow Q$ is an exact sequence of infinite groups. Since K, G have type F_∞ , the image Q has type F_∞ as well – see e.g. [Geo08, Theorem 7.2.21]. Since K, Q are infinite, we have that G has one end, that is, $\pi_0^\infty(G) = 0$ – see e.g. [Geo08, Corollary 16.8.5]. By the result of Houghton [Hou77] and Jackson [Jac82] (see also [Geo08, Corollary 16.8.5]), from the fact that $\pi_1^\infty(G) \neq 0$ we conclude that neither K nor Q has one end, that is $\pi_0^\infty(K) \neq 0 \neq \pi_0^\infty(Q)$. For the rest of the proof we focus on the case (1), that is we assume that K is not virtually free and acts geometrically on a finite-dimensional contractible complex. The proof in the other case – under the assumptions on Q – is essentially the same (just exchanging the roles of K and Q).

3.1. Decomposing K and Q . Since the kernel K has more than one end, by the result of Stallings [Sta71], it decomposes into a free product with amalgamation over a finite group, or as an HNN extension over a finite group. If the factors are not one-ended we may repeat decomposing further. A theorem of Dunwoody [Dun85] says that finitely presented groups are accessible, that is, such a procedure ends after finitely many steps. As a result, by the classical Bass-Serre theory (see e.g. [Geo08, Chapter 6.2]), the group K is the fundamental group of a finite graph of groups \mathcal{K} with vertex groups having at most one end, and finite edge groups. Let $\{K_i\}$ be the collection of the vertex groups, and let $\{L_j\}$ be the set of edge groups of \mathcal{K} . We may assume that K_i are nontrivial. Since K is not virtually free, by Proposition 4, we have that $H^{n'}(K; \mathbb{Z}K) \neq 0$ for some $n' \geq 2$. Therefore, by [Geo08, Theorem 13.3.3], it follows that among the groups $\{K_i\}$, there is a one-ended one, say K_1 , with $H^{n'}(K_1; \mathbb{Z}K_1) \neq 0$. By [Geo08, Theorem 17.3.5] we have that $H^{n'+1}(K_1 \times \mathbb{Z}; \mathbb{Z}(K_1 \times \mathbb{Z})) \neq 0$. By the aforementioned result of Houghton and Jackson, $\pi_1^\infty(K_1 \times \mathbb{Z}) = 0 = \pi_0^\infty(K_1 \times \mathbb{Z})$. Therefore, by the Proper Hurewicz Theorem (cf. e.g. [Geo08, Theorem 17.1.6]), it follows that there exists $n \geq 2$ such that $\pi_n^\infty(K_1 \times \mathbb{Z}) \neq 0$ (compare the proof of [Osa07, Theorem 3.2]).

3.2. Classifying spaces for K and Q . Since K has type F_∞ , all the factors K_i have also type F_∞ . For all i , let Y'_i be a contractible free K_i -complex with every skeleton finite mod K_i . By a general technique (see e.g. [Geo08, Chapter 6.2], and [Hat02, Chapter 1.B]) one may combine copies of Y'_i to obtain a tree of complexes Y' being a contractible proper K -complex with each skeleton finite mod K . Furthermore, by modifying slightly each Y'_i resulting in new complexes Y_i (by e.g. coning-off L_j -invariant subcomplexes), we obtain a contractible proper K -complex Y with every skeleton finite mod K and satisfying the following properties:

- (1) Y is a union of copies of Y_i ;
- (2) any two such copies intersect in at most one vertex, and every vertex belongs to at most two such copies;
- (3) every Y_i is a contractible proper K_i -complex with every skeleton finite mod K_i .

Observe that, by our choice, the complex Y_1 has one end.

Similarly, we construct a contractible proper Q -complex Z with each skeleton finite mod Q . We distinguish two cases, which will be treated separately in the two following subsections:

Case A: Q has infinitely many ends. In this case the complex Z may be chosen to be a union of infinite contractible complexes $\{Z_i\}$ (we do not require that they correspond to the Bass-Serre decomposition of Q), such that any two such complexes intersect in at most one vertex, and every vertex belongs to at most two such complexes. We require here that there are at least two such complexes Z_1, Z_2 . For example, if Q is virtually free

then Z can be a tree consisting of Z_i being lines. If Q is not virtually free then Z_1 may be taken to be a complex corresponding to a one-ended factor of Q (but we do not require further that Z_1 is one-ended).

Case B: Q has two ends. In this case Q is virtually cyclic, and the complex Z is taken to be a complex homeomorphic to the line \mathbb{R} .

Since Y and Z have skeleta finite mod K and Q , and since G has type F_∞ , there is a contractible proper G -complex X with the following properties (see e.g. [Geo08, Proposition 17.3.4]): Each skeleton of X is finite mod G , and there is a proper homotopy equivalence between X and $Y \times Z$. Therefore, to prove the theorem, it is enough to show that $\pi_n^\infty(Y \times Z) \neq 0$: By the proper $(n+1)$ -equivalence, it implies $\pi_n^\infty(X) \neq 0$ and hence, by Proposition 3, $\pi_n^\infty(G) \neq 0$.

In the following two subsections we prove that $\pi_n^\infty(Y \times Z) \neq 0$ separately for two Cases: A and B. To do this we need to find subcomplexes $M \subset Y$ and $N \subset Z$ with finite $(n+1)$ -skeleta, and having the following property: For any $C \subset Y \times Z$ with finite $(n+1)$ -skeleton and containing $M \times N$, there is a map $S^n \rightarrow Y \times Z - C$ that is not homotopically trivial within $Y \times Z - M \times N$.

3.3. Case A: Q has infinitely many ends. Pick a copy of Y_1 in Y (denoted further simply Y_1), and a subcomplex Z_1 of Z . Since $\pi_n^\infty(K_1 \times \mathbb{Z}) \neq 0$, by Proposition 3, $\pi_n^\infty(Y_1 \times \mathbb{R}) \neq 0$ – the space $Y_1 \times \mathbb{R}$ (with the product structure of a complex) is a proper $(K_1 \times \mathbb{Z})$ -complex with skeleta finite mod $K_1 \times \mathbb{Z}$. Therefore, there exists a subcomplex $M \subset Y_1$ with finite $(n+1)$ -skeleton and such that the following holds: There is a compact interval $I = [c, d] \subset \mathbb{R}$ such that for every $M' \subset Y_1$ with finite $(n+1)$ -skeleton and containing M , and for every compact interval $I' \subset \mathbb{R}$ containing I , there exists a singular sphere $S^n \rightarrow Y_1 \times \mathbb{R} - M' \times I'$ not homotopically trivial within $Y_1 \times \mathbb{R} - M \times I$. Furthermore, we choose a subcomplex N of Z_1 with finite $(n+1)$ -skeleton, containing the vertex b_1 being the intersection of Z_1 and Z_2 , and all cells in Z_1 containing b_1 . This implies, in particular, that $b_1 \notin Z_1 - N$ but $b_1 \in Z - N$ (because there are cells in Z_2 containing properly b_1).

We claim that M, N are as required above. To show this, let $C \subset Y \times Z$ be a subcomplex with finite $(n+1)$ -skeleton and containing $M \times N$. In the rest of the subsection we construct a singular sphere $\varphi: S^n \rightarrow Y \times Z - C$ not homotopically trivial within $Y \times Z - M \times N$.

Choose $M'' \subset Y$ and $N'' \subset Z$ with finite $(n+1)$ -skeleta such that $C \subset M'' \times N''$. Let $M' = M'' \cap Y_1$. Choose a simplicial path $l: I' = [c', d'] \rightarrow Z_1 \cup Z_2$ (with the interval $[c', d']$ equipped with a simplicial structure with integral vertices) with the following properties:

- $c' < c$ and $d < d'$, that is, $I' = [c', d']$ contains the interval $I = [c, d]$ defined above;
- $l(c) = b_1$, and $l(c'), l(d') \in Z - N''$;

- $l([c', c]) \subset Z_2$, $l([c, d]) \subset Z_1$, $l([d, d']) \subset Z_1 - N$.

Let $f: Y_1 \times \mathbb{R} - M \times I \rightarrow Y \times Z$ be a cellular map defined as follows:

- $f(y, t) = (y, l(c'))$, for $t < c'$;
- $f(y, t) = (y, l(t))$, for $t \in [c', d']$;
- $f(y, t) = (y, l(d'))$, for $t > d'$.

Observe that the image of f is contained in $Y \times Z - M \times N$, and that $f(Y_1 \times \mathbb{R} - M' \times I') \subset Y \times Z - M'' \times N''$. Let $\bar{\varphi}: S^n \rightarrow Y_1 \times \mathbb{R} - M' \times I'$ be a singular sphere not homotopically trivial within $Y_1 \times \mathbb{R} - M \times I$. In the rest of the subsection we show that the singular sphere $\varphi = f \circ \bar{\varphi}: S^n \rightarrow Y \times Z - C$ is not homotopically trivial within $Y \times Z - M \times N$. This requires a detailed analysis of the topology of the latter space.

The $(n+1)$ -skeleton of Y (respectively, Z) is locally finite. Therefore, by our construction of Y (respectively, Z), the set $A := Y_1 \cap (Y - Y_1)$ (respectively, $B := Z_1 \cap (Z - Z_1)$) is a discrete set of vertices. Since the $(n+1)$ -skeleton of M (respectively, N) is finite, the set $A \cap M$ (respectively, $B \cap N$) is an empty or finite set $\{a_1, a_2, \dots, a_m\}$ (respectively, finite set $\{b_1, b_2, \dots, b_s\}$). For $a \in A$ (respectively, $b \in B$) let A_a (respectively, B_b) denote the closure in Y (respectively, in Z) of the connected component of $Y \setminus \{a\}$ (respectively, $Z \setminus \{b\}$), not containing Y_1 (respectively, Z_1). Observe that such closure is the union of the component and $\{a\}$ (respectively, $\{b\}$) – see Figure 1 (left).

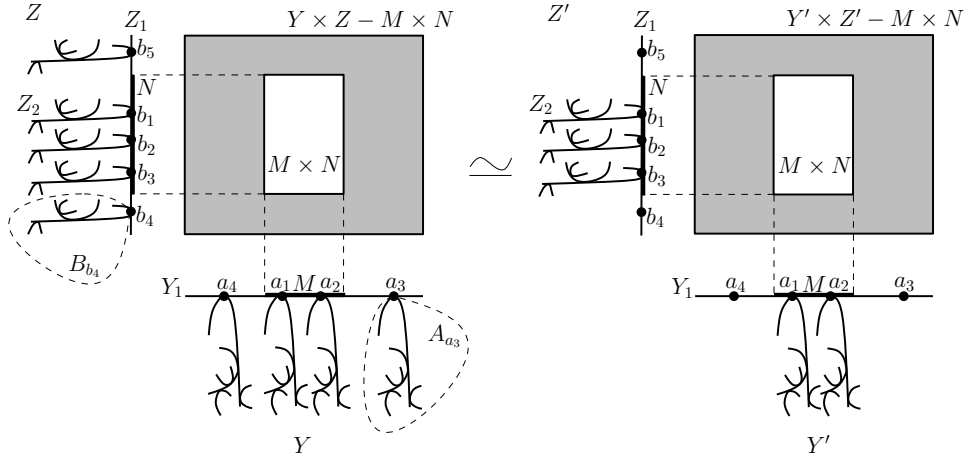


FIGURE 1. From $Y \times Z - M \times N$ to $Y' \times Z' - M \times N$.

Since A_a (respectively, B_b) is contractible, for $a \notin M$ (respectively, $b \notin N$) we may contract A_a to a (respectively, B_b to b) not changing the homotopy type of $Y \times Z - M \times N$. Therefore, let Y' (respectively, Z') denote Y (respectively, Z) with A_a (respectively, B_b) contracted to a (respectively, b),

for all $a \notin M$ (respectively, $b \notin N$) – see Figure 1 (right). We have:

$$(1) \quad \begin{aligned} Y' &= Y_1 \cup (A_{a_1} \sqcup A_{a_2} \sqcup \dots \sqcup A_{a_m}) \\ Z' &= Z_1 \cup (B_{b_1} \sqcup B_{b_2} \sqcup \dots \sqcup B_{b_s}), \end{aligned}$$

and a homotopy equivalence

$$(2) \quad h_1: Y \times Z - M \times N \rightarrow Y' \times Z' - M \times N.$$

Furthermore, by formula (1), and since $M \subset Y_1$ (respectively, $N \subset Z_1$) and $\{a_1, a_2, \dots, a_m\} \subset M$ (respectively, $\{b_1, b_2, \dots, b_s\} \subset N$), we have

$$(3) \quad \begin{aligned} Y' \times Z' - M \times N &= (Y_1 \times Z_1 - M \times N) \cup \\ &\cup Y_1 \times (B_{b_1} \sqcup \dots \sqcup B_{b_s}) \cup \\ &\cup (A_{a_1} \sqcup \dots \sqcup A_{a_m}) \times Z_1 \cup \\ &\cup (A_{a_1} \sqcup \dots \sqcup A_{a_m}) \times (B_{b_1} \sqcup \dots \sqcup B_{b_s}), \end{aligned}$$

where $Y_1 \times Z_1 - M \times N$ and $Y_1 \times (B_{b_1} \sqcup \dots \sqcup B_{b_s})$ intersect along $(Y_1 - M) \times (\{b_1\} \sqcup \dots \sqcup \{b_s\})$, etc.

Again, we may contract subcomplexes of the type $Y_1 \times B_{b_j}$ to $Y_1 \times \{b_j\}$, $A_{a_i} \times Z_1$ to $\{a_i\} \times Z_1$, and $A_{a_i} \times B_{b_j}$ to $\{a_i\} \times \{b_j\}$, obtaining the following homotopy equivalence – see Figure 2.

$$(4) \quad \begin{aligned} h_2: Y \times Z - M \times N &\rightarrow (Y_1 \times Z_1 - M \times N) \cup \\ &\cup Y_1 \times (\{b_1\} \sqcup \dots \sqcup \{b_s\}) \cup \\ &\cup (\{a_1\} \sqcup \dots \sqcup \{a_m\}) \times Z_1 \cup \\ &\cup (\{a_1\} \sqcup \dots \sqcup \{a_m\}) \times (\{b_1\} \sqcup \dots \sqcup \{b_s\}), \end{aligned}$$

where (see Figure 2):

$$(5) \quad \begin{aligned} (Y_1 \times Z_1 - M \times N) \cap [Y_1 \times (\{b_1\} \sqcup \dots \sqcup \{b_s\})] &= \\ &= (Y_1 - M) \times (\{b_1\} \sqcup \dots \sqcup \{b_s\}), \\ (Y_1 \times Z_1 - M \times N) \cap [(\{a_1\} \sqcup \dots \sqcup \{a_m\}) \times Z_1] &= \\ &= (\{a_1\} \sqcup \dots \sqcup \{a_m\}) \times (Z_1 - N), \\ \text{and } (\{a_i\} \times Z_1) \cap (Y_1 \times \{b_j\}) &= \{a_i\} \times \{b_j\}. \end{aligned}$$

Observe that the composition $h_2 \circ f$ have the following properties:

- $h_2 \circ f(Y_1 \times \mathbb{R} - M \times I) \subset (Y_1 \times Z_1 - M \times N) \cup (Y_1 \times \{b_1\})$;
- $h_2 \circ f(y, t) = (y, b_1)$, for $t \leq c$.

Since Y_1 is contractible, the restriction of the map $h_2 \circ f$ to the set $(Y_1 - M) \times [c, d] \cup (Y_1 \times [d, +\infty])$ is homotopic to a constant map (by, basically, “sliding” along the path l to $l(d)$ and then contracting $h_2 \circ f(Y_1 \times [d, +\infty])$). Since Y_1, Z_1 are contractible, therefore (see e.g. [Geo08, Theorem 4.1.8]), there is a homotopy equivalence $h_3: Y \times Z - M \times N \rightarrow \hat{Y}_1 \vee U$, where $\hat{Y}_1 = \Sigma(Y_1 - M)$ is the suspension, and such that $h_3 \circ f$ is a homotopy equivalence between $Y_1 \times \mathbb{R} - M \times I$ and \hat{Y}_1 . The singular sphere $h_3 \circ \varphi: S^n \rightarrow \hat{Y}_1$ is then homotopically nontrivial, hence it is homotopically nontrivial as the

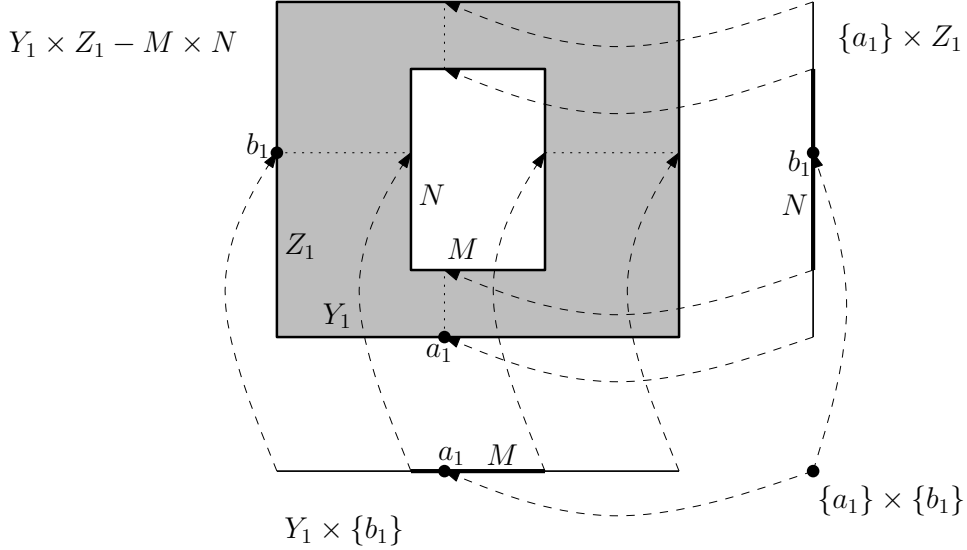


FIGURE 2. Homotopy type of $Y' \times Z' - M \times N$. (Only a_1 and b_1 showed among a_i 's and b_j 's.)

map $S^n \rightarrow \widehat{Y}_1 \vee U$. It follows that $\varphi: S^n \rightarrow Y \times Z - M \times N$ is homotopically nontrivial. This finishes the proof in the case of Q with infinitely many ends.

3.4. Case B: Q has two ends. The idea in the case of virtually cyclic Q is basically the same as before: We construct a homotopically nontrivial sphere at infinity in $Y_1 \times Z$ and then show that this sphere is essential at infinity in $Y \times Z$. Below we present the details.

Recall that we are looking for subcomplexes M, N as described at the end of Subsection 3.2, and that Z is homeomorphic to \mathbb{R} now. Since $\pi_n^\infty(Y_1 \times Z) \neq 0$, there exists a subcomplex $M \subset Y_1$ with finite $(n+1)$ -skeleton and a compact interval $I \subset \mathbb{R}$ such that for every compact $M' \times I' \subset Y_1 \times Z$ with finite $(n+1)$ -skeleton and containing $M \times I$, there exists a singular sphere $S^n \rightarrow Y_1 \times Z - M' \times I'$ not homotopically trivial within $Y_1 \times Z - M \times I$. In what follows we show that M and $N = I$ are as required. Let $C \subset Y \times Z$ be a subcomplex with finite $(n+1)$ -skeleton and containing $M \times N$. Let $M'' \subset Y$ and $N' \subset Z$ be subcomplexes with finite $(n+1)$ -skeleta such that $C \subset M'' \times N'$, and let $\varphi: S^n \rightarrow Y_1 \times Z - (M'' \cap Y_1) \times N'$ be a singular sphere not homotopically trivial within $Y_1 \times Z - M \times N$. We show now that φ is not homotopically trivial within $Y \times Z - M \times N$. Proceeding similarly as in the previous subsection we obtain a homotopy equivalence $h: Y \times Z - M \times N \rightarrow (Y_1 \times Z - M \times N) \vee U$, such that $h|_{Y_1 \times Z - M \times N} = \text{id}_{Y_1 \times Z - M \times N}$. It follows that $h \circ \varphi: S^n \rightarrow (Y_1 \times Z - M \times N) \vee U$ is homotopically nontrivial, and hence φ is homotopically nontrivial within $Y \times Z - M \times N$. This finishes the proof in the case of virtually cyclic Q and thus completes the proof of the case (1) of Theorem 2.

4. PROOF OF THEOREM 1

In this section we prove Theorem 1 and Corollary 1 from the Introduction.

Proof of Theorem 1: Assume that a finitely presented normal subgroup K is neither finite nor of finite index. Then we have an exact sequence $K \twoheadrightarrow G \twoheadrightarrow Q$ of infinite groups. A simply connected SimpHAtic complex X on which G acts geometrically is AHA by [OŚ15, Corollary 3.2]. Thus $\pi_n^\infty(G) = 0$, for all $n \geq 2$, by [OŚ15, Theorem 7.4]. Since X is also finite-dimensional and contractible (by Whitehead’s theorem), by [OŚ15, Theorem 7.6], we have that G has type F_∞ and $\pi_1^\infty(G) \neq 0$. Note that a full subcomplex or a covering of a SimpHAtic complex is again SimpHAtic. Therefore, by a theorem of Hanlon-Martínez-Pedroza [HMP14, Theorem 1.1], the group K acts geometrically on a simply connected SimpHAtic complex. By the case (1) of Theorem 2, it follows that K is virtually free. \square

Proof of Corollary 1: It is clear that a subcomplex of a nonpositively curved (that is, locally CAT(0)) 2-complex is itself nonpositively curved and two-dimensional, and hence aspherical. Thus some its simplicial subdivision is SimpHAtic. The SimpHAtic property for weakly systolic complexes with SD_2^* links follows from [Osa13b, Proposition 8.2]. In particular, systolic complexes are SimpHAtic (see also [JŚ06]). Small cancellation graphical small cancellation complexes are (up to some simplicial subdivision) obviously SimpHAtic – see e.g. [OŚ15, Example 4.4] (or use a theorem of Wise [Wis03, Sections 6 & 12] saying that groups acting geometrically on such complexes act geometrically on systolic complexes). Therefore, Corollary 1 follows directly from Theorem 1. \square

For other examples of SimpHAtic complexes extending the list in Corollary 1 (that is, to which Theorem 1 applies) see e.g. [HMP14, Section 1.1] and [OŚ15, Section 4].

5. PROOFS OF COROLLARIES 2, 3 AND 4

Proof of Corollary 2: Assume that K is neither finite nor of finite index. We proceed as in the proof of Theorem 1. A finitely generated subgroup of an AHA group is AHA itself [JŚ07, Corollary 3.4], thus K is AHA. Furthermore, K has finite virtual cohomological dimension (see e.g. [Bro94, Chapter VIII.11]) – in particular it acts geometrically on a finite-dimensional contractible complex. By [OŚ15, Corollary 7.5], $\pi_n^\infty(G) = 0$, for all $n \geq 2$, and by [OŚ15, Theorem 7.6], $\pi_1^\infty(G) \neq 0$. Therefore K is virtually free, by Theorem 2. \square

Proof of Corollary 3: The kernel K is virtually free by Corollary 2. Note that virtually cyclic subgroups of hyperbolic groups are quasiconvex – see [Gro87, Theorem 8.1.D] and [ABC⁺91, Proposition 3.2]. Furthermore, it

is shown in [ABC⁺91] that a normal quasiconvex subgroup of a hyperbolic group is either finite or of finite index. Therefore, a virtually cyclic normal subgroup of a hyperbolic group is either finite or of finite index. It follows that K is virtually non-abelian free.

By [Mos96, Theorem A], the quotient Q is Gromov hyperbolic. Hence, Q acts geometrically on a finite-dimensional contractible complex – some Rips complex of Q . Therefore, by the case (2) of Theorem 2, the quotient Q is virtually cyclic. \square

Proof of Corollary 4: The proof is nearly the same as the one of Corollary 3. The only point is that instead of the finiteness of the virtual cohomological dimension we use the fact that K , being SimpHAtic, acts geometrically on a contractible finite-dimensional complex. \square

APPENDIX: TOPOLOGICAL 2-DIMENSIONAL QUASI-HELLY PROPERTY OF SYSTOLIC COMPLEXES

In this Appendix we present yet another asphericity-like property of systolic complexes. Besides various asymptotic asphericity features used extensively through the article – like e.g. AHA or vanishing of higher homotopy pro-groups at infinity [JŚ07, Osa07, Osa08, OŚ15] – the new property reflects the ‘two-dimensional-like’ nature of systolic complexes, implying the normal subgroup theorem studied above. The result – Theorem A below – is a Helly-type theorem, and we believe that it will be of wide use for studying systolic (and, in general, SimpHAtic) complexes and groups.⁴

Recall the Helly property of the Euclidean plane: If, for a given family $\{A_0, A_1, A_3, A_4\}$ of convex subsets, all intersections $A_i \cap A_j \cap A_k$ are nonempty, then $A_0 \cap A_1 \cap A_3 \cap A_4 \neq \emptyset$. In [Świ14] a quasification of such property is proved for systolic complexes: It is shown there that the intersection of neighborhoods of corresponding convex subcomplexes has to be non-empty. Our Theorem A below extends this result: We do not assume that the subcomplexes A_i are convex – we make assumptions on homotopy types of them and of their intersections (thus we call our version “topological”). This is a significant difference: The product (with the product metric) of two complexes satisfying the “convex” version has the same “convex” Helly property, while for our “topological” version the corresponding “Helly dimension” may increase by taking products. Note also that the topological 2-dimensional quasi-Helly property presented below is closely related to the δ -thin tetrahedra property announced in [Els09, Introduction] (there, only geodesic triangles are considered).

Finally, let us note that Theorem A below holds also for a more general class of (SimpHAtic) complexes X satisfying the following condition:

⁴In fact, our initial – not successful, eventually – approach to the normal subgroups results described in the current article, was based on Theorem A.

(*) Any simplicial map $S \rightarrow X$ from a triangulation S of the 2–sphere can be extended to a simplicial map $D \rightarrow X$ from a triangulation D of the 3–disc, such that the boundary of D is S and D has no new (internal) vertices, that is $D^{(0)} = S^{(0)}$.

Theorem A. *Let A_0, A_1, A_2, A_3 be simply connected subcomplexes of a systolic complex X . Assume that for all $i, j, k \in \{0, 1, 2, 3\}$, the intersections $A_i \cap A_j$ are connected, and $A_i \cap A_j \cap A_k \neq \emptyset$. Then there exists a simplex $\langle v_0, v_1, v_2, v_3 \rangle$ such that $v_i \in A_i$.*

Proof. If $A_1 \cap A_2 \cap A_3 \cap A_4 \neq \emptyset$ then the assertion is trivial. Therefore further we assume that the intersection is empty.

First, we will construct a simplicial 2–sphere, $\varphi: S \rightarrow X$. For all $l \in \{0, 1, 2, 3\}$, pick a vertex $z_l \in A_i \cap A_j \cap A_k$, where $\{i, j, k, l\} = \{0, 1, 2, 3\}$. For all l, k , let $\gamma_{kl} \subset A_i \cap A_j$, where $\{i, j, k, l\} = \{0, 1, 2, 3\}$, be a path connecting z_k and z_l . For $\{i, j, k, l\} = \{0, 1, 2, 3\}$, the cycle consisting of γ_{kl} , γ_{lj} , and γ_{jk} is contained in A_i . Therefore, there is a simplicial filling $\varphi_i: D_i^2 \rightarrow A_i$ of this cycle inside A_i , where D_i^2 is a triangulation of the 2–disc. Combining such fillings, we get a simplicial 2–sphere $\varphi: S \rightarrow X$.

The sphere S has a natural structure of the boundary of the tetrahedron: Vertices are some pre-images \tilde{z}_i of z_i 's; edges are some pre-images $\tilde{\gamma}_{ij}$ of γ_{ij} 's; triangles are the discs D_i 's. However, for our purposes we consider a “dual” structure defined as follows (see Figure 3). For every i , pick a

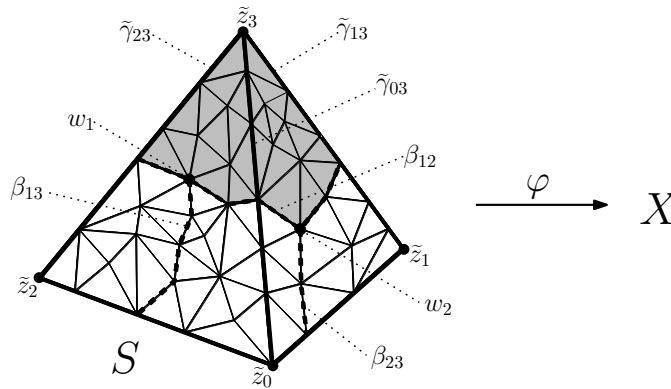


FIGURE 3. The simplicial sphere $\varphi: S \rightarrow X$. The dual triangle $w_0w_1w_2$ is shaded.

vertex w_i inside the interior of D_i – subdivide D_i if necessary (and redefine φ appropriately). For every i, j , find a simple path β_{ij} in S connecting w_i and w_j and contained in $D_i \cup D_j$. Subject to subdividing S , we may assume that the intersection $\beta_{ij} \cap \beta_{kl}$ is either empty or one end-vertex. This defines a new structure of the boundary of the tetrahedron: Vertices are w_i 's; edges are β_{ij} 's; triangles are connected components of the rest. By [JS07] (see [Els09, Theorem 2.4]), there exists a simplicial extension $\Phi: D \rightarrow X$ of

φ with the following properties: D is a triangulation of the 3–disc, with S being a triangulation of the boundary of D , and without new (that is, internal) vertices.⁵ Now we define a *coloring* of vertices of D , that is a map $c: D^{(0)} \rightarrow \{0, 1, 2, 3\}$:

- $c(w_i) := i$;
- $c(v) \in \{i, j\}$, for $v \in \beta_{ij}$, such that $\varphi(v) \in A_{c(v)}$;
- for a vertex v in the triangle $w_i w_j w_k$, we set $c(v) \in \{i, j, k\}$, such that $\varphi(v) \in A_{c(v)}$.

Observe that the coloring is well-defined (though not unique), and that it is Sperner’s coloring of the triangulation of the tetrahedron with vertices w_0, w_1, w_2, w_3 . Therefore, by Sperner’s Lemma [Spe28], there exists a 3–simplex in D with vertices v'_0, v'_1, v'_2, v'_3 such that $c(v'_i) = i$, hence $v_i := \Phi(v'_i) \in A_i$, for all $i \in \{0, 1, 2, 3\}$. Since Φ is simplicial, it follows that v_0, v_1, v_2, v_3 are contained in a simplex, and thus the proof is finished. \square

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⁵That is, the condition (*) above is satisfied.

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